

COMMON FORMS OF PRAYER

The Lord's Prayer

OUR Father, who art in heaven, Hallowed be thy Name. Thy kingdom come. Thy will be done, On earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, As we forgive those who trespass against us. And lead us not into temptation, But deliver us from evil. Amen.

The Angelic Salutation

HAIL, Mary, full of grace, the Lord is with thee. Blessed art thou among women, and blessed is the fruit of thy womb, Jesus. Holy Mary, Mother of God, pray for us sinners, now and at the hour of our death. Amen.

The Gloria Patri

GLORY be to the Father, and to the Son, and to the Holy Ghost: As it was in the beginning, is now, and ever shall be, world without end. Amen.

The Apostles' Creed

I BELIEVE in God the Father Almighty, Maker of heaven and earth:
And in Jesus Christ his only Son our

Lord: Who was conceived by the Holy Ghost, Born of the Virgin Mary: Suffered under Pontius Pilate, Was crucified, dead, and buried: He descended into hell; The third day he rose again from the dead: He ascended into heaven, And sitteth on the right hand of God the Father Almighty: From thence he shall come to judge the quick and the dead.

I believe in the Holy Ghost: The holy Catholic Church; The Communion of Saints: The Forgiveness of sins: The Resurrection of the body: And the ☩ Life everlasting. Amen.

The Confiteor

I CONFESS to almighty God, to blessed Mary Ever-Virgin, to blessed Michael the Archangel, to blessed John Baptist, to the holy Apostles Peter and Paul, and to all the Saints: that I have sinned exceedingly in thought, word, and deed: by my fault, by my own fault, by my own most grievous fault. Therefore I beg blessed Mary Ever-Virgin, blessed Michael the Archangel, blessed John Baptist, the holy Apostles Peter and Paul, and all the Saints, to pray for me to the Lord our God.

Grace Before Meals

BLESS ✠ us, O Lord, and these thy gifts, which, of thy bounty we are about to receive. Amen.

Thanksgiving After Meals

FOR ✠ these, and all his mercies, God's holy Name be praised. Through Christ our Lord. Amen.



MORNING PRAYERS

On rising from your bed say immediately:

I PRAISE my God this day:

I give myself to God this day:

I ask God to help me this day.

When dressed, kneel down and say some of the following:

IN the Name of the ✠ Father, and of the Son, and of the Holy Ghost. Amen.

OUR Father.

HAIL, Mary.

I BELIEVE.